

# Primary PE and Sport Premium

## St. Lucia's C.E. Primary School and Nursery – Evidencing the impact of the P.E. and Sport Premium 2018/19

*The plans below show our areas of focus for P.E. Sport, Exercise and Well-Being for 2018-19. Please see the related costs and how the funding will be spent to support these different areas.*

Key Priority: PE –Increase the engagement of all pupils in regular exercise (Daily 30:30)						
Actions and strategies	Impact and sustainable outcomes	Resources/ Cost	By who	By when	Progress	Evidence
1. Introduction of a range of regular sports/exercise opportunities over lunchtime period. 2. Arrange whole school sports/exercise workshops to support emotional well-being. 3. Arrange whole school intra sports competitions.	<ul style="list-style-type: none"> <li>An increased number of children will engage in regular sports/exercise.</li> <li>All children will experience a new sport/workshop.</li> <li>All children will engage in some element of competitive sport with their peers.</li> </ul>	£100 Additional time for meetings/ organisation  £500 to cover workshop costs for the whole school & staffing costs.	Lunchtime staff  SW & JB to arrange. External coaches to lead  LC leading teachers and TAs	Beginning of November 2018  February/March 2019  March-July 2019	Lunchtime staff to monitor.  School council to collect and share pupil views.  LC and link governor WP	<ul style="list-style-type: none"> <li>✓ Pupil voice</li> <li>✓ More children engaged and participating in lunchtime sports</li> <li>✓ All classes participating in daily exercise/daily mile/Fitness Fridays</li> <li>✓ Photos, Increased participation from children.</li> </ul>
4. Purchase new sports equipment for PE and lunchtimes. 5. Arrange Play Leader involvement within key stage 2.	<ul style="list-style-type: none"> <li>Sports resources to be used fully and effectively.</li> <li>KS2 Sports Leaders will be developed.</li> </ul>	£350  £250	Lunchtime staff.  Sports partnership coaches.	November 2018  November onwards 2018	As above	As above plus <ul style="list-style-type: none"> <li>✓ Feedback from children and staff</li> <li>✓ New equipment will have been purchased</li> <li>✓ Play Leaders will lead activities</li> </ul>

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Key priority: Emotional Well-Being – Increase knowledge, Skills and confidence of staff (including Lunchtime staff) in emotional well-being						
Actions and strategies	Impact and sustainable outcomes	Resources/ Cost	By who	By when	Progress	Evidence
1. Learn about the strategies which can be used to support children with their emotional well-being.	<ul style="list-style-type: none"> <li>Children benefit from the staff's increased knowledge and awareness of how to support pupils in the classrooms and during lunchtime with their emotional well-being.</li> <li>Children will recognise their feelings and begin to use strategies to express and control their emotions more effectively when interacting with others.</li> </ul>	<p>£1000 for external support and training.</p> <p>£300 staff release time.</p> <p>£3000 additional staffing resources to support emotional well-being.</p>	<p>SW to arrange with teachers.</p> <p>Lunchtime staff.</p>	September 2018 to January 2019	<p>Monitor children's emotions /feeling-pupil questionnaires, talking to the children.</p> <p>Improved lunchtimes.</p>	<ul style="list-style-type: none"> <li>✓ Less conflict during lunchtimes.</li> <li>✓ Children begin to take more control over their emotions.</li> <li>✓ Children view lunchtimes to be a very positive experience.</li> <li>✓ Staff will be very in tune and recognise triggers linked to emotions and confidence to manage these effectively.</li> </ul>
Key Priority: Health and Well- Being – To support children's emotional well-being						
Actions and strategies	Impact and sustainable outcomes	Resources/ Cost	By who	By when	Progress	Evidence
<p>1. Introduce strategies for children to manage their emotions and feelings more effectively.</p> <p>2. Provide workshop experiences</p>	<ul style="list-style-type: none"> <li>An increased number of children will show more resilience in understanding their own</li> </ul>	<p>£400</p> <p>The 6 Big Feelings resources.</p>	All adults working with the children.	Continue throughout the year focusing on	Children will more awareness of their	<ul style="list-style-type: none"> <li>✓ Less conflict during lunchtimes.</li> <li>✓ Children show</li> </ul>

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including yoga and mindfulness techniques to raise children's awareness linked to positive thinking.	<p>emotions along with strategies to support these feelings.</p> <ul style="list-style-type: none"> <li>All children will experience yoga and mindfulness linked to positive thinking strategies, relaxation and a sense of calm.</li> </ul>	<p>£400 workshop sessions</p> <p>£350 staff training and release time.</p>	All classes	<p>different feelings each term.</p> <p>November 2018 to April 2019</p>	<p>feelings. Children will build more resilience. Children will use more appropriate strategies to solve problems which may arise between their peers. Children will show more control of their emotions in a more positive way.</p>	<p>more resilience.</p> <ul style="list-style-type: none"> <li>✓ Children manage their emotions and feelings more effectively.</li> <li>✓ Strategies to support positive, calm thinking will be more evident .</li> <li>✓ Yoga and Mindfulness workshops will have taken place.</li> </ul>
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***During 2018-19 St Lucia's School will receive a total of: £16,850 for the PE and Sports Grant funding***

*Please see below an approximate breakdown of how the PE and Sports Grant will be used linked to our current plans the year 2018-19:*

- Support for additional KS2 target swimming groups £600
- Transportation to and from extra competitive sporting events/opportunities £400
- Delivery of weekly Forest School for Reception and Year 1 children for 36 weeks = £2,900
- Additional P.E and Sport for 36 weeks = £2,900
- Participation to enter additional sporting events (outside of the sports partnerships) £200
- Cost of ground/court hire (football events with other local schools) £150

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- *Look at arranging an all-weather track to support all pupils and for local community use (£2,800 approx.)*
- *Additional sporting opportunities and daily exercise delivered by teaching assistants for 36 weeks=£2500*
- *Subsidised outdoor learning visits for the whole school - Attingham Park and Haughmond Hill £50. Outdoor adventure Sports KS2 £300 and residential visit £300*
- *Subsidised lunchtime and after school sports activities £400*
- *Additional lunchtime support linked to target areas of emotional well-being £3,000*
- *Playleader/Leadership programme for Key Stage Two pupils £300*
- *Trophies, certificates, stickers, kit, additional sports resources £50*

**Total £16,850** *(some retaining costs from the funding for further development of target areas/workshops, training and for an unplanned sports opportunities which may become available throughout the year)*

The link governor for P.E. and Sport will continue to visit the school during the year as part of the monitoring process to ensure effective planning and spend of the P.E. and Sports grant for 2018-19 takes place.

These plans will be fully evaluated and updated next September 2019 by the Headteacher (SW) and link governor (WP).

*Updated and reviewed September 2018*