

# Spring Summer Menus 2022



St Lucia's C.E Primary School and Nursery are delighted to present our new 3- week menu cycle for February – July 2022.

We have put together a new set of menus for the Spring & Summer term, featuring many of our pupils' favourite dishes along with some seasonal variations..

We really hope you will encourage your child to take up their free entitlement, with the continuation of the 'Government's Universal Infant Free School Meals Initiative' for all children in Reception, Year 1 & Year 2.

We believe the meal price is excellent value at just £2.40 a day.

In addition to this menu, available daily are:

- Freshly Made Bread
- Selection of Salads and Fresh Fruit
- Assorted Yoghurts
- Vegetarian Vegan options always available.

Mrs S L Woolley  
Head Teacher

"Having experienced a lunchtime meal at my child's school today, I am delighted to relay that I really enjoyed a healthy appetising meal. I wish I had meals like this when I was at school "

Parent Comment

"I would like to pass on my gratitude to the cook for affording me the time to go through menus to cater for my child's specific diet requirements. This has filled me with confidence in knowing that my child is being safely and admirably catered for"

Parent Comment

St Lucia's Primary School has enlisted the help of WLP Consultancy Services, to ensure the menus are nutritionally balanced and created for your child's development and enjoyment.

**Special Diets also form an important part of the catering provision we offer, catering for those children with an intolerance to specific foods, for example:**

- Food Intolerance
- Food Allergy
- Food Aversion
- Medical Conditions
- Ethnic Minority Groups

**If your child requires a special diet, or you would like to discuss the menu in more detail, please do not hesitate to contact Mrs Alexander,  
Cook-in-Charge: 01743 709652**

**WLP**  
CONSULTANCY  
SERVICES

# LUNCH IS SERVED



St. Lucia's  
Upton Magna

	WEEK 1	WEEK 2	WEEK 3
	W/C: 28th Feb, 21st March, 25th April, 16th May, 13th June, 4th July, 5th Sept, 3rd Oct 2022	W/C: 7th March, 28th March, 2nd May, 23rd May, 20th June, 11th July, 12th Sept, 10th Oct 2022	W/C: 14th March, 4th April, 9th May, 6th June, 27th June, 18th July, 19th Sept, 17th Oct 2022
MONDAY	Local Award Winning Pork Sausages Toad in the Hole with Vegetarian Sausage Mashed Potatoes, Baked Beans, Sweetcorn Chocolate Sponge & Chocolate Sauce	Pork & Carrot Meatballs Cauliflower Cheese Pasta, Broccoli, Sweetcorn Cornflake Cake and Custard	<b>'Meat Free Monday'</b> Cowboy Pie (Veggie Sausage, Baked beans & Mashed Potato) Vegetable & Lentil Chilli Rice, Pasta, Garden Peas, Carrots Pancakes with Mixed Fruit & Syrup
TUESDAY	Prime Beef Italian Bolognese & Garlic Bread Five Bean Bolognese & Garlic Bread Pasta Spirals, Peas, Chunky Roast Vegetables Lemon Drizzle Cake	Breaded Chicken Goujons & Barbecue Sauce Mac 'n' Cheese Herby Diced Potatoes, Peas, Chunky Roasted Vegetables Chocolate Brownie	Mild Chicken Curry with Fluffy Rice & Naan Bread Cheese Plait Rice, Naan Bread Cauliflower Florets, Sweetcorn Chocolate & Strawberry Mousse
WEDNESDAY	Roast Chicken, Herby Stuffing & Tasty Gravy Cheese Pie Roast & Mashed Potatoes, Carrots, Broccoli Florets, Cabbage Rice Pudding Delight/Jelly	Roast Beef, Yorkshire Pudding & Tasty Gravy Vegetable Balls in Gravy with Yorkshire Pudding Roast & Mashed Potatoes, Carrots, Cabbage Cookie	Traditional Roast Pork, Apple Sauce & Tasty Gravy Quorn Sausage Roast Potatoes, Roast Vegetables, Carrots, Cabbage Iced Buns or Chelsea Buns
THURSDAY	Assortment of Fish including: Harry Ramsdens Crispy Battered Fish Lentil & Vegetable Cottage Pie Herby Diced Potatoes, Green Beans, Cauliflower Florets Apple Crumble & Custard	Assortment of fish including: Harry Ramsdens Crispy Battered Fish Pasta Neapolitan Jacket Potato Wedges, Garden Peas, Sweetcorn Jam Sponge & Custard	Assortment of fish including: Harry Ramsdens Crispy Battered Fish Vegetable Chilli Broccoli, Sweetcorn Pancakes with Various Fillings
FRIDAY	*Yorkshire Pudding filled with Beef & Onion Mince in Gravy Pizza Chips, Garden Peas, Baked Beans Cookie	Beef Cottage Pie Pizza Chips, Garden Peas, Baked Beans Flapjack	Pizza Quorn Meatballs Chunky Chips, Baked Beans, Mushy Peas Cookie